

# THE WORxD

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## Letter From the Editor

By Michelle Robosky  
Tribunal Historian  
JLWCOP,

Welcome back! It is my pleasure to introduce you to an old friend of the college, *The WORxD* (AKA *Rx Word*). This is a student-run publication with deep roots in our history, which Tribunal decided to bring back this year!

This is your place to see college updates, upcoming organizational events and hopefully smile a little at my cheesy jokes!

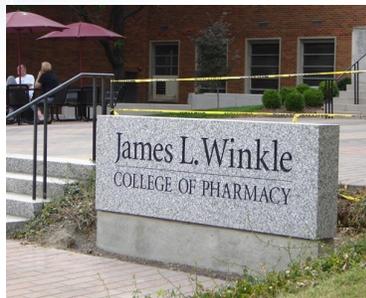
It's that exciting time of year where we begin to see applicants wondering the halls during their interviews. Think back to the recent past when you walked around on your tour, replaying your interview in your head, hoping you didn't say the wrong thing to the professor whose name you couldn't remember for the life of you... think how far you have come since that day. It's pretty incredible when you

put things into perspective this way and realize the opportunities ahead of us thanks to the knowledge we gain each day.

Reflecting on our lives with this perspective may be occurring more frequently in lieu of recent events that have made our hearts heavy with the sadness of loss.

Many of us know and loved someone who was a victim of such tragedy. My hope for you is to stay strong and may your memories bring comfort. Thinking of fourth year Godon Alobwede, the children shot in the Newtown Elementary massacre, the car crash that killed freshman Jessica Galley, the house fire that claimed the lives of junior Ellen Garner and senior Chad Kohls, and the sudden loss of senior Anthony Tesner, we are constantly reminded of the delicacy of life.

As our UC community mourns the loss of fellow students, we are reminded of how precious life is



and how short our time may be. On the days you don't want to study or you feel overwhelmed, I encourage you to keep in mind the gift you've been given to someday save lives and save a family the mourning too many have recently endured.

I'd like to thank all of the Tribunal representatives and officers, organizational exec members and the staff who helped me get this first issue in front of you! I am looking forward to continuing this tradition and making *The WORxD* a staple again here at the college.

So sit back, take off that white coat and happy reading!

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## A Word From Dean Wall:

Dear Students,

Welcome Back!! We hope you enjoyed your break after the very long fall semester!

Spring semester will be a very busy term for you and the college. Watch your email for many outreach opportunities such as participating in the

Script Your Future Challenge, OPA Drug Information Challenge, and the NACDS 2013 Heart to Heart Community Health Fairs just to name a few!

Please remember communication is important - whether it is about a hissing thermostat

that needs repair (thanks M.H.), or concerns related to classes or need for a tutor the college wants to hear from you so we can provide the support necessary for successful learning and training as you pursue our profession of pharmacy.

-Dean Wall

### Special points of interest:

- Applicant interviews begin Friday Jan. 18 and continue throughout February
- **Spring break** begins Monday March 18th!

# Organizational Updates:

## APhA-ASP

APhA-ASP had a successful fall semester filled with numerous events including: “Tailgate Your Heartburn Away” at the Bengals - Miami Dolphins game in association with NCPA, providing influenza and pneumococcal vaccinations at St. Vincent DePaul as part of Operation Immunization, volunteering at various health fairs providing blood pressure and glucose screenings, and partnering with Kappa Epsilon for Girls on the Run.

Over 25 members of the chapter attended MRM in Madison, Wisconsin in early November. All attendees had a great time networking with students from other ASP chapters and learning more about our profession.

We started this semester with our annual Faculty Auction January 11 at Martino's. Operation Immunization will be having a screening in West Chester on January 20 around 4pm and volunteers will be needed. Please contact Jennifer Hanify at hanifyjm@mail.uc.edu if you are interested in helping and keep an eye out for additional opportunities.



Members of APhA at MRM in Madison.

Our first general body meeting will be held Monday, January 28 where we will host a speaker from LexiComp. Officer elections will be held on Monday, February 11 during our meeting time. If interested in running for an elected position, please contact the current officers for more information.

The APhA Annual Meeting and Exposition will be held March 1-4, 2013 in Los Angeles. A number of students will be making the trip and are all looking forward to it and the learning opportunities it will provide.

We are looking forward to another productive semester!

## Kappa Psi

The Beta Phi chapter of Kappa Psi has had an exciting fall semester. We're currently in our pledging process and looking forward to initiate 29 new brothers in January.

Our new pledge class is made up of **Joseph Ahlrichs, Jessica Backscheider, Amanda Baker, Andrea Bergen, Megan Borchers, Christopher Bresler, Alexis Bridges, Julia Chapman, Greg Cook, Caitlin Delabar, Tara Fallah, Ashleigh Guillmen, Meghan Hacker, Jessica Hubbard, Marcella Isemann, Neil Katzman, Melissa Kincaid, Kyla McLaughlin, Brandy McQuitty, William Paton, Anthony Petersman, Jacklyn Sampson, Megan Sanders, Alex Scher, Elaina Stoeckle, Lindsay Tsai, Jacob Tunnell, Tyler Vest, and Hannah Zimmerman.**

Socially, we hosted the Kappa Psi Halloween party in October. We collected over \$300.00 and many boxes of canned foods for the local Ronald McDonald House.

Over Martin Luther King Jr. Weekend, many of the brothers will be going to Gatlinburg to have an exciting and fun weekend. Currently being planned is the Pharmacy Formal, to be held later in the spring semester. Look out for more details coming soon!

We are hard at work in a philanthropy competition against the other Kappa Psi chapters in Ohio, collecting pop tabs for the Ronald McDonald House. Save and bring your pop tabs to the Wet Lounge collection Tupperware. We need all the pop tabs we can get!

## Tribunal



President Carrie Barone and VP Emily Kolb delivering candy grams.

Tribunal had an exciting fall, and we look forward to a wonderful Spring Semester! Tribunal is the representative body of all the students and student organizations, so all are encouraged to attend the meetings.

During the fall, Tribunal sponsored the Pig Roast, Taste of Pharmacy, Drug Awareness, Drop Inn, and Holiday Candy Grams! In addition to these events, we also held our annual elections.

We have some big plans coming up for Spring Semester, including Drug Awareness expansion, white coat sales, the student-faculty volley ball game, changes to the bylaws, and discussion about starting a new student organization.

We look forward to seeing everyone at our meetings this semester every other Friday at noon in room 231!

## CPFI

The Christian Pharmacists Fellowship International (CPFI) student chapter works to serve Christ and the world through pharmacy. CPFI represents a broad range of Christian denominations and individuals working in all areas of pharmacy practice. Throughout the school year, we meet to fellowship and grow as believers and professionals. We had a "Way Out West" murder mystery dinner held at Dr. Boone's house and Brown Bag event at Kenwood Baptist Church during fall semester.



We are also the early morning coffee makers— helping you get your fix Monday-Thursday of spring semester. Coffee, tea, hot chocolate and biscottis are in the wet lounge for \$1 each daily. Coffee proceeds help us to support a child from Compassion International, Wilfredo, with food, education, medical checkups and the message of God's love through Jesus Christ. Check out our board to see his adorable picture!

CPFI currently meets every other Thursday at 12 p.m. for our professional meetings and every Tuesday at 12 p.m. in room 301A for Bible Study.

Look out for an upcoming Brown Bag and snow tubing social!



Students and staff trying to solve the mystery at CPFI's annual murder mystery dinner.

## Rho Chi

Greetings from Rho Chi! Our officers and members have been hard at work this year to provide students with various academically-focused events and services. The efforts of our Treasurer Brenda Barnes and a number of courageous Rho Chi members have allowed us to hold several review sessions this past semester, encompassing topics ranging from Drug Delivery to Cardio Therapeutics. Similarly, our Secretary Anli McCoy has been working hard to organize Journal Clubs covering topics of pertinence to the various therapeutics courses. These events will be continued into the semester ahead, and updates will be provided periodically with details.

In addition to our academic events, Rho Chi has continued its volunteering efforts at the St. Vincent de Paul Charitable Pharmacy, assisting pharmacists and staff every Saturday in counseling patients and filling scripts for the underserved. These efforts, including the recruitment of volunteers for the recent annual St. Vincent de Paul drug inventory, have been spearheaded by our Historian Elizabeth Lakatos.

Each year, Rho Chi's Officers and its Members work together to provide two references, commonly referred to as the Rho Chi "Peripheral Brains" and "Guidelines." These are compilations of widely used conversion tables, equations, lab values, and up-to-date treatment algorithms for various disease states. Both references fit comfortably in the side pocket of most lab coats and are indispensable tools for practicing pharmacists and pharmacy students alike, especially for those students about to embark on rotations. The "Brains" will sell for \$10 apiece, and the "Guidelines" will sell for \$20. This year's version of the Guidelines offers a new section covering Vaccinations, while the Brains will host a new segment detailing various OTC topics. Updates are still in progress, and an announcement will be made once Rho Chi begins taking orders for each.

Please stay tuned for additional announcements, updates and reminders through the coming weeks. We wish you the best this semester!

## SSHP

SSHP had a very successful fall semester starting with a 5K held on UC's main campus and a residency showcase in October.

Fourth-year students Katie Unger and Carri Dosen took first place in the OSHP Clinical Skills competition and went on to compete in Las Vegas in December for the ASHP competition.

Keep your eyes out for some exciting events hosted by SSHP during the spring semester. So far, the agenda includes going to cheer on the Bearcats at a men's basketball game as well as the annual etiquette dinner. Dates and specific details to follow!



SSHP's residency showcase held at the college.



Participants at the start line for SSHP's 5K.



OSHP's Clinical Skills competition winners.

# Organizational Updates:

## Kappa Epsilon

Starting off the year, KE ran a 5K for Susan G. Komen Race for the Cure. The national project for our fraternity is Breast Cancer Awareness, which happened to fit very well with our “Think Pink Be Pink Drink Pink” week. During a week in October, daily raffles were held for a variety of prizes including a movie basket, “Think Pink” basket, Cincinnati basket and gift cards. Winners were announced at the end of the week at the Drink Pink event. Everyone who donated and participated helped KE raise \$800 for our charity The Young Survival Coalition, which provides support and resources for young women diagnosed with cancer.



Participants at the Girls on the Run event.

KE has been involved with Girls on the Run, which encourages pre-teen girls to develop self-respect and healthy lifestyles through running, exercising and eating healthy. We set up a table at the event with goodies for the girls who played our two games, Power Toss and Drug versus Pokémon, which were both huge successes.



KE set up a Christmas tree in the main office of the college with ornaments tagged with the wish lists of the family we adopted from Saint Vincent de Paul. The JWCOP definitely went above and beyond in helping make Christmas extra special for the family this year.

For the upcoming semester, KE will be hosting the Mr. Pharmacy Competition and a Go Red for Women’s Heart Health Event. KE will continue to sell Nalgene Water Bottles and Lab Value cards that are useful in multiple classes starting in the first year!

Students at the Susan G. Komen Race for a Cure

## PLS

During October of fall semester, PLS held their annual leadership meeting featuring pharmacist Dr. Mike Pavlovich of California. Dr. Pavlovich (pictured below) was the recipient of the 2012 APhA-APPM Distinguished Achievement Award in Specialized Pharmacy Practice. He was selected for his specialized services in compounding and sports medicine.



Dr. Mike Pavlovich at the PLS meeting.

Dr. Pavlovich served as one of only two pharmacists on the 2008 U.S. Olympic Medical Team in Beijing, China, where he coordinated the control and management of pharmaceuticals utilized by the athletes and medical staff. During his time in Cincinnati he met with faculty and students to discuss leadership in the profession of pharmacy. PLS will email students and faculty regarding the nomination process for potential PLS candidates in early February. Currently, the PLS executive committee is working on planning our spring selection meeting and the initiation meeting which will occur in April of spring semester.

## SNPhA

The Student National Pharmaceutical Association began with an excellent start to the fall semester. Within the first few weeks, we focused primarily on reaching out to the first year students to increase our membership. Along with Dr. Brown as our advisor, we hosted the cultural competence workshop during orientation. As the semester progressed, we joined in the American Diabetes Association 5K Walk, held mock interviews for pre-pharmacy students, participated in IV Charis’ HIV/AIDS event on World Aids Day, and ended the semester with an outstanding Winkle’s Got Talent showcase. Because we are a multicultural organization focusing on service in diverse and less fortunate communities, this year we incorporated cultural exposure experiences within our meetings. We had the pleasure of becoming acquainted with Peruvian, Arabic, and Cuban cultures and how, as future pharmacists, we can adjust the way we provide patient care to individuals from these origins.

In the midst of our academic and community work, one of our very own members, Gordon Alobwede, unexpectedly passed away in October 2012. We knew he was leaving behind a wife and children, and we immediately wanted to help in any capacity. We are humbled and thankful for all of the donations we received from students, faculty, and staff towards the Gordon Alobwede Memorial and Christmas funds.

### Look for the following SNPhA upcoming events in the spring semester:

- |   |   |
|---|---|
| Pharmacy Challenge Competition  | Wal-Mart Sponsored Diabetes Initiatives   |
| Power to End Stroke Event   | HIV/AIDS 5K Walk                          |
| Cultural Exposure from African, African-American, and Indian cultures |   |
| PCAT Review Session for pre-pharmacy students                         | Host of speakers from various disciplines |



Gordon Metuge Alobwede

## NCPA

NCPA is an organization committed to helping independent pharmacies, pharmacists, and students in the community. NCPA allows students to participate in various health fairs at local independent pharmacies and learn about what it takes to become an independent pharmacy owner.



In November 2012, NCPA helped reach out to local pharmacists to participate in a CE program that Dr. Michael Hegener received a grant for. The CE was focused on the importance of medication adherence and nearly twenty local pharmacists and physicians participated in the event. To complement Dr. Hegener's CE, our chapter is currently working on setting up medication adherence fairs at various local pharmacies. Also in November, NCPA hosted their first annual trivia night. Fourteen teams of 4-6 people participated in six rounds of trivia. Everyone had a great time and we look forward to our next one!

## College Initiatives:

### Drop Inn

Located at 217 W. 12<sup>th</sup> Street in Over The Rhine, the Drop Inn Center is a full-service homeless shelter that houses an average of 222 residents per day. The 24-hour center provides transitional housing as well as permanent housing accompanied by sobriety support. Community organizations volunteer to prepare and serve meals to the residents each day, and UC operates a student-led medical clinic within the center that provides acute medical care.

Student volunteers treat problems such as colds, minor infections, aches, pains, asthma, high blood pressure along with many other issues. Pharmacy students pair up with medical students to assess each patient and complete a "SOAP note." They work together to assess the patient's symptoms, as well as gather medical history, family history and medication use. Blood pressure and blood glucose readings are also taken. Towards the end of the patient's visit, the students collaborate with the volunteer physician to develop a care plan. The pharmacy student then presents the case to the volunteer pharmacist, who prepares the medication. The pharmacist will make sure the student feels comfortable counseling the patient on the medication(s) he or she will receive.

The Drop Inn Clinic is a great place for pharmacy students to volunteer and gain experience with working in a multi-disciplinary team. It is consistent with the high standards that UC has for rewarding volunteer experiences. There is no better feeling than the satisfaction you get in helping your community.

If you have any questions, please contact:

Community Service Coordinator, Sarah Gebele: [gebelesr@mail.uc.edu](mailto:gebelesr@mail.uc.edu)

P2 Representative, Alison Watson: [watsonb6@mail.uc.edu](mailto:watsonb6@mail.uc.edu)

P1 Representative, Nathan Siegel: [siegelinn@mail.uc.edu](mailto:siegelinn@mail.uc.edu)



Drop Inn shelter in OTR.

### Drug Awareness



Students presenting an interactive drug awareness program at a local school.

Drug awareness is back in full swing after the holidays! This is a program where students volunteer their time to visit area grade schools with the purpose of promoting drug awareness to the students. The program focuses on alcohol, tobacco, drug abuse and the effects these substances have on the major body organs. The groups that go to the grade schools present the information through a skit, lead a discussion, and have an open question and answer session. Previously, we had a single drug awareness week, but this year it has been expanded to a yearlong event!

We are also in the process of finalizing the committees and making new scripts for the presentations. Next up, we have a presentation February 28 at St. Jude, but there will be many more dates to come because around 40 schools have been contacted so **STAY TUNED!**

And just a reminder that everyone can volunteer, the more the merrier! Questions? Send an

# Hello Applicants!

Welcome to the University of Cincinnati and James L. Winkle College of Pharmacy! I hope your visit has exceeded your expectations and if you are anxiously awaiting your interview, take a deep breath! You will quickly find the faculty and staff here are very friendly and want the opportunity to get an idea of who are you... so relax! You've come this far, you should be proud and excited! Ask questions, look around and don't get too worried when you see the words "pharmacology" and "therapeutics" evoking deer-in-headlight reactions if we have exams during your visit... you might be in our shoes next year. Have you changed your mind yet? I'm kidding... sort of.

Nevertheless, please bear in mind we were all in your spot at one time or another so best of luck during your application adventure and we hope to see you next fall!

# Organization Elections

As the semester gets underway, remember to keep an eye out for organization elections. Holding an executive position in an organization you are involved in and passionate about will enhance your experience during your time here at the college. I encourage you to talk to current exec members and learn about their roles and take a chance! You will still be an active member if the vote is not in your favor so why not? Organizations will send specific election date information out via e-mail and talk about this at meetings. Good luck!

# Sudoku

	3			4				
8	4				9		1	
	9	2		3		4		
		6	9					
7	1						8	5
					5	1		
		1		7		9	4	
	7		1				3	8
				5			7	

Thank you to Tribunal, Dean Wall and Dean Fant for their contributions!  
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# The Best Medicine...

→ A man goes into a drugstore and asks the pharmacist if he can give him something for the hiccups. The pharmacist promptly reaches out and slaps the man's face.

"What did you do that for?" the man asks.

"Well, you don't have the hiccups anymore, do you?"

The man says, "No, but my wife out in the car still does!"

→ A doctor is to give a speech at the local AMA dinner. He jots down notes for his speech. Unfortunately, when he stands in front of his colleagues later that night, he finds that he can't read his notes. So he asks, "Is there a pharmacist in the house?"

Courtesy of <http://www.workjoke.com/pharmacists-jokes.html>



## #TeamPharmacy

**RxInternProblems** @RxInternProblems

People who bring a full cart of items to check out at the pharmacy when it's super busy.

**PharmacyProblems** @PharmacyProbs

Man got new insurance information in the mail and thought it was a scam. Threw it away.

**RxInternProblems** @RxInternProblems

I've seen more sunrises while I've been in pharmacy school than I have in my whole life combined.

**Outspoken Intern** @OutspokenPharmD812

Patients who actually appreciate all that you do >>>>>>